

Form 144 Filer Information	UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549
FORM 144	Form 144 NOTICE OF PROPOSED SALE OF SECURITIES PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

144: Filer Information

Filer CIK	0001253231
Filer CCC	XXXXXXXX
Is this a LIVE or TEST Filing?	<input checked="" type="radio"/> LIVE <input type="radio"/> TEST

Submission Contact Information	
Name	
Phone	
E-Mail Address	

144: Issuer Information

Name of Issuer	AllianceBernstein Holding L.P.
SEC File Number	001-09818
Address of Issuer	501 Commerce Street Nashville TENNESSEE 37203
Phone	2129691429
Name of Person for Whose Account the Securities are To Be Sold	Mark Manley

See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

Relationship to Issuer	Global Head of Compliance & General Counsel
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144: Securities Information

Title of the Class of Securities To Be Sold	Units rep. assignments of beneficial ownership of LP interests
Name and Address of the Broker	Charles Schwab & Co. 9825 Schwab Way Lone Tree CO 80124
Number of Shares or Other Units To Be Sold	5000
Aggregate Market Value	205850
Number of Shares or Other Units Outstanding	100401044
Approximate Date of Sale	11/23/2022
Name the Securities Exchange	NYSE

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor:

144: Securities To Be Sold

Title of the Class	Units rep. assignments of beneficial owner. of LP interests
Date you Acquired	12/01/2021
Nature of Acquisition Transaction	Part of ordinary incentive compensation paid to AB employees

Name of Person from Whom Acquired	Issuer		
Is this a Gift?	 Checkbox not checked	Date Donor Acquired	
Amount of Securities Acquired	5000		
Date of Payment	12/01/2021		
Nature of Payment	Not applicable		

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

144: Securities Sold During The Past 3 Months

Nothing to Report	<input checked="" type="checkbox"/>
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144: Remarks and Signature

Remarks	
Date of Notice	11/23/2022

ATTENTION:

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date.

Signature	/s/ Mark Manley
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ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)